



BOXING ESCAPE ZANZIBAR: TRAIN, RELAX, EXPLORE

Discover a unique 7-day retreat in Zanzibar that combines the discipline of boxing with the ease of island living. Train with the official Zanzibar Boxing Team, enjoy nourishing meals, and restore your energy with spa treatments — all while surrounded by tropical beauty.

Your home for the week is a private stand-alone bungalow with its own terrace, offering the perfect balance of comfort and tranquility. Each day begins with fresh juices and powerful training sessions, followed by free time to explore Zanzibar at your own pace — with your scooter, by the beach, or simply unwinding by the pool.

Excursions such as snorkeling at the Blue Lagoon, sunsets at Kayfunk, and a special seafood BBQ evening bring adventure and local flavor into your stay. Whether you're looking to sharpen your fitness, reconnect with yourself, or simply escape into a new rhythm of life, this retreat offers the right mix of strength, relaxation, and discovery.

CONTACT US



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Day 1 – Arrival & Welcome

Check-in, fresh coconut water in a shell, tour of the resort and event overview, time to settle in and unwind, dinner at the resort featuring local cuisine.

Day 2 – Boxing & Wellness

Morning boxing, healthy breakfast, healthy lunch, free time, sunset vibes at Kayfunk, dinner at the resort.

Day 3 – Open Exploration

Boxing, breakfast, free day for scooter rides, beach, or Paje visit, brunch-style lunch with refreshing tropical options, dinner at the resort.

Day 4 – Recovery & Spa

Morning stretch to complement boxing session, breakfast, spa day with Balinese treatments, healthy lunch, leisure time, dinner at the resort.

Day 5 – Sea & Adventure

Boxing, breakfast at the resort, snorkeling at Blue Lagoon, beach drop-off near Rock Restaurant, picnic lunch on the beach overlooking The Rock Restaurant, evening seafood BBQ at the restaurant.

Day 6 – Strength & Celebration

Final boxing challenge, breakfast, lunch, and a traditional dinner celebration.

Day 7 – Departure

Sunrise juice, light breakfast, airport transfer.